



SHIFT YOUR PERSPECTIVE

Feeling stuck? Are factors outside of your control preventing you from moving forward?
What if all of those obstacles were suddenly removed...

If you could do anything, what would it be?

When reflecting on this question, what's the first thing that comes to mind?

What would your day look like? Who would you spend your time with?

What work would you be doing? Where would you live?

What would your life look like one year from now?

How does it feel to think about this ideal situation?

Write it all down!

And then...move on to the next exercise, where you start to think about
how to launch your anything!



Need more space? Here you go!
Plenty of room to get all of your thoughts onto paper!